



MOSS CREEK MARINES OPERATION HELPING HEROES



**ADOPTED HERO NO. 14
Sgt. ADAM SNOW
WITH RUSHMORE**



Sgt. Adam Snow

In Afghanistan in 2010 Adam was hit by an IED and he suffered Post Traumatic Stress Syndrome (PTSD) and a Traumatic Brain Injury (TBI), as well as physical injuries. He returned from deployment and found that he is constantly on guard, easily agitated and has a very short temper.

He wants to be a better man for his wife and children. It's hard to be that man when he has so much flashing through his head. Adam is also a firefighter and he feels like this is his calling in life, other than being a Marine. He loves his job but the stress of that job tends to heighten his PTSD. He feels as having an Assistance Dog will help him better cope with his job.

I July 2016, Adam met his new battle buddy, RUSHMORE. This team will do amazing things together! RUSHMORE will interrupt negative behaviors that Adam is displaying by alerting him. RUSHMORE will also interrupt Adam's nightmares and assist with his anxiety and hypervigilance by anchoring on him in his time of need.